

Healthy Foods, Local Farms Conference Program October 15, 2011

8 to 9:00 breakfast and registration

9 a.m.—9:20 Conference Opening— Welcome by **Facilitator Hank Graddy**, Sierra Club; and **Brad Lyman**, **Headmaster of Kentucky Country Day School**

9:20—10:20 Plenary Session--**Super Students Working For Sustainable Food-----** facilitated by **Mark Williams**, Department of Horticulture at University of Kentucky and co-founder of the UK Sustainable Agriculture Undergraduate Program, director of the U.K. Organic Farming Unit at the Horticulture Research Farm. (U.K.) **Ali Greenwell**(student at Bellarmine University); **Shannon Baker**(student at University of Kentucky); **Preston Ames**(senior at Fern Creek High School), **Ginger Coleman**, senior at Fern Creek High School), **Angie Campbell**(student at the University of Louisville),

10:20 Break—easy yoga to stretch our bodies as we stretch our minds, led by **Lauren McRath**, Sierra Club

10:30—11:30 Plenary Session -- **David Andrews**, Senior Representative for Food and Water Watch, —**2012 Farm Bill**; **Wendell Berry** ,Farmer, Writer, Poet, advocate. **The Fifty Year Farm Bill—a Vision for the Future**

11:30—12:00 Plenary Session-- **Kyle Kramer**, author ,organic farmer, director of graduate theology program at St. Meinrad Seminary and School of Theology-- **Faith & Food: A Journey Toward Regenerative Agriculture**

12-1 lunch

1 to 2 Featured Speaker-- **Colin Beavan**— author of ***No Impact Man: The Adventures of a Guilty Liberal Who Attempts to Save the Planet, and the Discoveries He Makes About Himself and Our Way of Life Along the Way.*** “His story brings attention to the range of pressing environmental crises including food system sustainability, climate change, water scarcity, and materials and energy resource depletion.” Book signing afterward and during afternoon break..

Breakout Sessions and Learning Stations are 2:15 to 4:10 and are presented twice.(2:15—3:00; break from 3:00 to 3:25—repeat sessions and stations 3:25 to 4:10

4:15-4:40-- Plenary Session-- **Scott Dye,National Director Sierra Club Water Sentinels—Protecting America’s Waters**

4:45-5:00 **Bill McKibben**,350.Org-- Video on food and changing climate

5:05—5:35--plenary session—**Julie Shaffer, Slow Food USA—Meeting the Challenge of Sustainable Eating.** (Julie is projects manager for Sustainability, Emory University Food Service Administration and founder of Slow Food Atlanta and is southeastern regional governor for Slow Food USA)

After conference party 5:45-----The Conversations and networking continue.

Breakout Sessions:

CAFOs---For Better or Worse— **Randy Strobo**,(environmental attorney) facilitator. **Don Stull**(Professor of Anthropology at University of Kansas, author *Slaughterhouse Blues*), **Hank Graddy**,(Sierra Club, environmental attorney, Watershed Watch in Kentucky) **Tom FitzGerald**,(Director Kentucky Resources Council) **Karen Hudson**(organizer with SRAP.)

Young Farmers—Hope For The Future—**Ben Able** ,(Community Farm Alliance Board of Directors, coordinator of CSA at University of Kentucky and manager of U.K. horticultural organic farm) facilitator. **Lilian Brislen**(graduate student in Rural Sociology at U.K., work focused on local and national issues related to beginner farm programs and policies);**Lee Meyer**(extension specialist/. professor in sustainable agriculture at U.K.);**Jeremy Porter**(a recovering youth minister with degree in anthropology who is now a beginning farmer after an apprenticeship on a CSA farm);**Mary Courtney**(Started farming in 2006 after career as financial lender for farmers and rural residents.)

Organic Farmers—To Be Or Not To Be---**Mac Stone** (Kentucky Department of Agriculture, organic farmer), facilitator. **Larry Brandenburg**(organic farmer, Harmony Fields Farm), **Michael Bomford**(research scientist and extension specialist at Kentucky State University;adjunct faculty at U.K.) **Alison Wiediger**(Au Naturale Farm; first certified organic farmer in Kentucky).

Healthier Food for Healthier Kids—**Tina Garland**,(Kentucky Department of Agriculture Farm to School program coordinator), facilitator; **Sidney Rothenburger** 9food service director, Henry County Schools) **Linda Campbell**(Food Service Director, Perry County Schools), **Marty Flynn**(Food Service Director Fayette County Schools)) and **Candy Golchoobian** (farmer)..

Harvesting Health—The Critical Role of Food—**Lauren McGrath, facilitator**(Sierra Club) –Panel--**Carolyn Giles**(natural foods chef), **Paula Antonini** (nutritionist); **Jan Winters**(The Children’s Health and Fitness Fund)

Farm to Plate—Making It Happen-----New and old ways to get local food to the consumer--CSA’s, Farmers Markets, Supermarkets, Restaurants--**Facilitator, Ellen McGeeney**(Grasshoppers Distributors) . —**Jim Mansfield**(Four Hills Farm), **Maggie Keith**,(Foxhollow Farm) **Brenda Evans**,(Eat Local, Grow Local), **Summer Auerbach**(Rainbow Blossom)

Learning Stations—will run concurrently with breakout sessions—2:15-4:10

Learning Centers sponsored by University of Louisville Sustainability Council

Welcome to the HFLF Learning Centers. The idea behind a learning center is to encourage active engagement with a particular topic through hands-on/minds-on interaction and expert facilitation. Please feel free to start at any one of the learning centers and navigate through the room at your own pace.

1. **Permaculture Principles—Mason Roberts Mason**, Executive Director of Louisville Grows, has helped create ten community gardens in Louisville Metro area.
 2. **Beekeeping—Lorie Ann Jacobs**, president of Kentuckiana Beekeepers Association. Learn how to build a hive and important facts about bees.
 3. **Mushrooms—Eric Osbourne**, owner of mushroom spawn and fruit company, Magnificent Mushrooms.
 4. **Raising Chickens and Building Suitable Shelters—Tom Scanlon IV** runs River Song Farm with sustainability in mind. Tom will show how to raise chickens with a focus of building simple shelters.
 5. **Vermiculture(worm composting)—Brian Barnes**, University of Louisville and Bellarmine University, vermiculturalist with Breaking New Grounds.
 6. **Foraging for Food and Medicine—Kevin Duffy**, teach, writer. Author of *Harvesting Nature’s Bounty* and *Awaken to the Here and Now*—
 7. **Rain Gardens and Using Native Plants—Margaret Shay**, Owner of Dropseed Nursery , worked with Kentucky Sate Nature Preserve Commission, Bernheim Arboretum and Research Forest.
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5:45 After conference party—drinks and cookies in the garden at Kentucky Country Day School—small farmers market, farmers, chefs, gardeners to answer questions.